



Official Journal of B&B Hospital and HRDC

Vol. 9 | No. 1 | JAN-DEC, 2025

ISSN 2615-9953 (Print)
ISSN 2615-9961 (Online)

B & B Medical Journal

Multidisciplinary

Peer reviewed

Annual

B & B Medical Journal

Editorial Board (2022-24)

Editors-in-Chief:

Prof Ashok K Banskota
Prof Jagdish L Baidya

Executive Editors:

Dr. Ishor Pradhan

Managing Editor:

Dr. Subhash Regmi
Ms. Deepa Bhatta
Mr. Arjun Adhikari

Editorial members:

Dr. Bibek Banskota
Dr. Nagmani Singh
Dr. Rajesh Kumar Chaudhary
Dr. Arbin Joshi
Dr. Sanjay Lakhey
Dr. Deependra Karki
Dr. Anjana Karki
Dr. Mahendra Maharjan

Journal Info

B & B Medical Journal (BBMed) is an official journal of B & B Hospital, Gwarko, Lalitpur, Nepal and Hospital and Rehabilitation Center for Disabled Children (HRDC). This journal has been brought out as a next step in the milestone of academic activities of B & B Hospital and HRDC. The main purpose of this journal is to provide a forum for scientific discussion and presentation in the field of medical science as a whole. BBMed will be a common forum for all the medical specialties dealing with the diseases of the whole human body.

Even though this journal is mainly for the medical professionals of B & B Hospital and HRDC, it accepts quality articles from anybody in medical field in Nepal and around the world.

The journal is devoted to the entire medical fraternity, patients and general public of Nepal.

It will be published once a year.

On average, a total of 10-12 articles will be published per issue. One review article from any medical field that is relevant to diagnosis and management of patients in Nepal.

There will be four to five original articles from any medical field. Priority will be given to the research articles and case series studies.

In addition, there will be four to five case reports. Priority will be given to the rare cases where a multispecialty and unique approach in the diagnosis and/or treatment has been utilized relevant to Nepalese context.

One nursing report will be included in every issue. Special report on nursing service related to any nursing field and relevant to Nepalese context is encouraged.

American English will be the official language of the Journal.

Instructions to the authors

Manuscript Submission:

Articles can be submitted by sending a soft copy of manuscript along with a completely filled cover letter form by email to **academics@bbhospital.com.np**. BBMed has its own cover letter form, can be found in previous issues, website or can be requested to editors. **The cover letter form has to be filled and submitted, in word format, along with the manuscript.**

Language:

American English is the official language of this journal.

Articles:

B&B Medical Journal (BBMed) invites and accepts review articles, original articles including original research works, retrospective case series, analytical study, case reports, letters to editors and nursing reports that are not published or accepted for publication elsewhere.

Title:

It should be an appropriate title with the beginning letter of each word being capital and total word count not exceeding 25.

Abstract:

It should be concise and precise representing the whole article with total word count not more than 250. Abstract doesn't need sub divisions such as introduction, materials and methods etc.

Keywords:

Total 3-5 keywords, all beginning with small letter, not capital, arranged in alphabetical order separated by comma (,) with full stop at the end.

Authors:

Total number of authors for Review Article should not be more than 3, for Original Articles not more than 8 and for Case Reports not more than 4.

Name in full, complete qualification, department and full address of primary institute of all the authors should be provided. Academic or any other designations of the authors are not required.

Main Text & Manuscript Preparation:

The main text is divided into several divisions.

- For original articles, Introduction, Materials and Methods, Results, Discussion and Conclusions
- For case report, Introduction, Case Report, Discussion and Conclusions

Case Report: total number of words 1000 to 1500, number of references 5 to 10, number of figures maximum 2 to 4, number of authors 1 to 4.

Original article: total number of words not more than 3000, number of references 15 to 25, number of figures not more than 6, number of tables not more than 4 and number of authors not more than 8.

Review article: total number of words not more than 5000, number of references 15 to 25, number of figures not more than 6, number of tables not more than 4 and number of authors not more than 8.

Nursing Report: total number of words not more than 3000, number of references 10 to 25, number of figures not more than 6, number of tables not more than 6 and number of authors not more than 8.

References:

Referencing is according to Vancouver style. It should begin with name of authors followed by title of the article, year of publication and page number with full stop at the end.

Include names of six authors followed by et al if there are more than six. Do not give et al after three authors. Cite the reference number in the main text as superscript after comma or full stop. Arrange the reference list in reference segment serially as it appears in the main text, not in alphabetical order. References from the published journals as far as possible rather than text books or websites are encouraged.

E.g.

Journal: Yeo CJ, Cameron JL, Sohn TA, Lillemoe KD, Pitt HA, Talamini MA et al. Six Hundred Fifty consecutive Pancreaticoduodenectomies in the 1990s. *Ann. Surg* 1997; 226:248-57.

Abstract: Schiffer LM, Braunschweiger FG: Glioblastoma cell kinetics and effects of in vitro hyperthermia. *Proc AM Assoc Cancer Res* 20:300, 1979 (Abstract)

Letter: Drake CG: Report of World Federation of Neurological Surgeons Committee on a universal subarachnoid hemorrhage grading scale. *J Neurosurg* 68:985-986, 1988 (Letter)

Foreign Language Journal: Loiseau H, Castel JP, Stoiber HP: Clinical, neuroradiologic and developmental aspects of idiopathic benign subarachnoid hemorrhage (subarachnoid hemorrhage of unknown cause). Retrospective study of 65 cases. *Neurochirurgie* 35:222-228, 1989 (French)

Authored Book: Jefferson G: The invasive Adenomas of the Anterior Pituitary. Springfield, III: Charles C Thomas, 1995, pp 56-60.

Article or Chapter in an Edited Book: Seiler R, Newell DW: Subarachnoid hemorrhage and vasospasm, in Newell DW, Aaslid R (eds): *Transcranial Doppler*. New York: Raven press, 1992, pp 101-107.

Entire Edited Book: Suzuki J (ed): *Cerebral Aneurysms. Experiences with 1000 Directly Operated Cases*. Tokyo: Neuron, 1979.

Web Site Article: Author or Organization name: Title of article. (<http://www.url>) [Accessed 12 March, 2004]

Tables and Figures:

Figures and Tables should be cited in the text appropriately and serially, enclosed in parenthesis and highlighted e.g. **(Figure 1)**, **(Table 1)** etc.

Table should be made in Microsoft Excel with appropriate caption. Excel page of table should be saved with its file name and serial number (E.g. Table 1, Table 2.....) and attached while submitting the article. Or Tables can also be pasted in the text in the appropriate location with caption. All the Tables have to be cited in the text.

Figure should be made in power point or Jpeg with each figure size of 200-500 KB with appropriate figure legend. Jpeg pictures or slides with power point should be saved with its file name and serial number (E.g. Figure 1, Figure 2.....) and attached while submitting the article. Or Figures can also be pasted in the text in the appropriate location with figure legend. All the Figures have to be cited in the text.

Running head:

Running head, representing the full title of article, not exceeding total 5 words should be provided.

Corresponding author:

Corresponding author's full name, complete qualification, department and full address of primary institutes along with functioning email address should be provided. Corresponding author need not be the first author but needs to be one of the authors.

***Note:** all the components of the manuscript, of an article, as mentioned above can be included in the same word file. Authors don't need to submit a separate cover letter other than cover letter format of BBMed. However, the email, by an author to the editor while submitting the article, should include a clear request for publication in a good language.*

Cover letter format

Title of Article:

Type of article (review article or original or case report):

Name of Authors including full name, qualification, department, and address of institution of all the authors:

Running head (short title of article with not more than 5 words):

Address for correspondence, including full name, qualification, department, and address of institution of one of the authors with email add:

Date of submission:

Any acknowledgement:

Any declaration of financial support for your study/research:

Any Conflict of interest:

2025 Subscription Rate per Year

		<u>Individual</u>	<u>Institution</u>
Nepal	NRs	500.00	800.00
SAARC	NRs	800.00	1200.00
Other Countries	USD	60.00	100.00

BBMed Classified Advertisements

BBMed accepts all sorts of medical advertisements as a service and the editorial board reserves the right to accept or refuse the advertisement depending on its type and its contents. Web advertisement is also available.

<u>Advertise size</u>	<u>Rates</u>
Inner pages ½ size	NRs 15000.00
Full page B/W	NRs 25000.00
Full page Color	NRs 35000.00
Back Cover	NRs 50000.00

All payments must be done before printing

B & B Medical Journal (BBMed)

(<http://www.bbhospital.com.np/bbmed.html>)

Published by

B & B Hospital, Gwarko, Lalitpur, Nepal

&

Hospital and Rehabilitation Center for Disabled Children (HRDC), Kavre, Nepal

© B & B Hospital & HRDC

B&B Medical Journal (BBMed)

(An Official Medical Journal of B & B Hospital & HRDC)

Volume 9, Number 1, 2025

Table of Contents

Original Articles

- | | |
|--|--------------|
| Current Scenario of Antibiotic Susceptibility Pattern of Bacteria causing Urinary Tract Infection at B & B Hospital, Nepal: A Retrospective Cross-Sectional Study | 1-10 |
| Reena Shrestha Baidya, Sanjit Shrestha, M.Sc., Sajana Maharjan, Mahesh Kumar Chaudhary | |
| Evaluation Of Rapid Antigen Test for Detection of SARS-CoV-2 At Narayani Hospital, Birgunj, Nepal: A Cross-sectional Analytical Study | 11-19 |
| Prativa Maharjan, Ashish Paudel, Prabhakar Raj Panday | |
| Knowledge on Eye Health Care Among Intensive Care Unit Nurses in a Tertiary Hospital, Nepal | 20-31 |
| Arati Karakheti, Upama Poudel, Sushil Khaniya, Meena Kunwar, Sundip Dware Chhetri | |
| Feasibility of Low-Pressure Laparoscopic Cholecystectomy: Surgeons' Perspective | 32-39 |
| Arbin Joshi, Shrijana Thapa | |
| An Experience of Endovascular Therapy for Transverse-Sigmoid Dural Arteriovenous Fistulas: A Simplified Strategy of Approach | 40-55 |
| Kajan Ranabhat, Thaweesak Aurboonyawat, Ekawut Chankaew, Pattarawit Withayasuk, Boonrerk Sangpetngam, Anchalee Churojana | |

Case Reports

- A Case Series of Patients with Mad Honey Poisoning from a Tertiary Care Center in Nepal** 56-62

Kristina Joshi, Paribhasa Karki, Ayush Shrestha, Saurav Regmi, Regina Rai,
Philip Shyam Ranjit, Deependra Karki

- Multicentric Gastric Gastrointestinal Tumours – One Benign and the Other Malignant** 63-68

Dhan Vikram Karkee

- Bladder Endometriosis: “The Hidden Culprit Behind Cyclical Urinary Symptoms.”** 69-75

Shreedhar Khadka K.C., Rajesh Batajoo

- Spontaneous Pneumoperitoneum in a High-Risk Elderly Patient Managed Conservatively: A Case Report and Review of Diagnostic Challenges** 76-82

Raiesh Shrestha, Abhishek Kumar Mallik, Arbin Joshi, Dhan Vikram Karkee,
Sanjay Lakhey

Review Article

- Retrograde Intrarenal Surgery (RIRS) in Urolithiasis: A Narrative Review** 83-93

Binod Shrestha

Nursing Forum

- Knowledge and Attitude regarding Nursing Documentation among Nurses in a Private Hospital of Lalitpur, Nepal** 94-106

Shisam Pradhan, Puspa Bhatta

- Effectiveness of Educational Intervention regarding Hospital Waste Management among Supporting Staffs in a Private Hospital of Lalitpur: A Pre-Experimental One-Group Pretest and Posttest Study** 107-116

Reetu Shrestha, Sarina Bajracharya

